

Main Line Health Lactation Warm Line: 484-565-8075

Call for breastfeeding support and help at no cost to you.
Please leave a message and you will be called back as soon as possible

Main Line Health Breastfeeding Mothers Groups

For an opportunity to speak with a Lactation Consultant, other breastfeeding mothers and check your baby's weight, come to any of the following breastfeeding mothers groups. There is no charge for any of the groups and no reservations are necessary. Feel free to bring a beverage and a snack. Breastfeeding babies and their siblings are welcome.

Call 1 866 CALL MLH for weather cancellations, information about dates, room locations or directions to the group meetings.

Bryn Mawr Hospital Groups

Every Thursday from 2-3 pm, Conference Room F, 2nd floor, E wing

Saturday Breastfeeding Working Mothers Group

Limited only to moms who are currently back to work

Every other Saturday 11 am-12 Noon in the Employee Education Center

Ground Floor in the Warden Lobby:

Moving to the Cafeteria Dining Rooms A&B in January 2016

Terry Sanborn RN IBCLC and **Jillian Hatch** RN IBCLC **will** be leading the discussions for the above groups and a scale is provided to weigh babies.

Lankenau Medical Center Group

Every Monday from 2-3 pm, McLean Conference Room in the Annenberg

Conference Center , Room G26 (park in Garage "A")

Sue Bechhold RN IBCLC and **Amy Hnetinka** RN IBCLC

will be leading this group and a scale is provided to weigh babies.

Paoli Hospital Groups

Third Wednesday every month 9:45- 10:45 am: Henrietta Hankin Library

215 Wingate Drive, Chester Springs

First Monday every month 10-11 am: Green Room, 2 Industrial Blvd. Paoli Hospital

Janet Graczyk IBCLC will be leading both these group

A scale will be provided at both groups to weigh babies. For more information please call 484 565 8075.

Riddle Hospital Group

Every Tuesday from 12 noon –1 pm: Conference Room 2, In the Administrative Annex

Kay Hoover IBCLC will be leading this group and a scale will

be provided to weigh babies: hooverk@mlhs.org